

NURS 262: Community/Mental Health Nursing (3 Credits)

COURSE DESCRIPTION

This course is composed of an overview of community-based nursing practice and the role of the nurse in health promotion for clients and families in their environment. The course will present basic epidemiology concepts, special concerns related to communities, including environmental threats and cultural influences. The student will utilize teaching/learning principles to promote health promotion and disease prevention for clients/families and communities. Mental Health nursing principles and concepts of mental health psychopathology, and treatment modalities related to the nursing care of clients and their families are included in the course. Utilizing critical thinking and the nursing process, the student will research, design and present a community based project that promotes health within a community setting.

PRE-REQUISITE/CO-REQUISITE

NURS 251 Role Transition NURS 256 Life Span Nursing NURS 257 Life Span Nursing Clinical

TEXTBOOK AND REQUIRED MATERIALS

Keltner, N., Schwecke, L. & Bostrom, C. (2007). Psychiatric nursing. (5th Ed.). St. Louis, MO: Mosby Elsevier. (Elsevier Package) 9780323039062.

Stanhope, M., & Lancaster, J. (2010). Foundation of nursing in the community: community-oriented practice. (3rd Ed.). St. Louis, MO: Mosby Elsevier. (Elsevier Package) 9780323066556.

LEARNING OUTCOMES

Using a critical thinking and problem-solving approach by course completion, the student will:

1. Demonstrates the ability to meet the course objectives by practicing consistent, safe, legal, ethical, and responsible behavior by: Consistent: predictable, uniform performance; Ethical: practices based on moral reasoning acceptable to nursing practice; Responsible: accountable for own behavior and decisions; and Legal: compliance with Board of Nursing standards for practice.
2. Utilize Healthy People 2010 objectives to identify health care needs and to plan and implement education based on those needs within various populations of a community.
3. Identify the focus of community – based nursing practice.
4. Differentiate different aspects of nursing care used in various community-based practices.
5. Relate ways in which concepts of epidemiology can be used in community- based nursing practice.
6. Identify actual and potential environmental health threats.
7. Explain the importance of providing culturally sensitive and competent nursing care.

8. Identify the importance of health-promotion activities in positively influencing the health of infants, adolescents, women, elders, vulnerable groups and families.
9. Differentiate common types of mental illnesses encountered in community settings.
10. Identify different types of treatment for mental disorders including use of psychotherapy medications, psychotherapy and behavior therapy.
11. Identify communicable disease patterns in the United States including incidence, prevalence, transmission, prevention and treatment.
12. Prepare a client/family/community conceptual plan of care (CPC) which includes basic information related to the illness, medications and side-effects, treatment options, community resources, and follow-up care.
13. Present, in a community setting, an educational session designed to meet specific needs related to community health issues for the specified population.

TEACHING METHODOLOGY

Didactic: Will include 40 hours of lecture, group discussion, audiovisual aides, written assignments, experiential learning, and oral presentations. Students are expected to come to class prepared as assigned (see topical course outline).

Clinical: Will include 16 hours of clinical time in a psychiatric setting, in addition, 8 hours will be based in the community implementing a Direct Action Project, (DAP) designed to focus on health care concerns.

ASSESSMENT OF TECHNOLOGY INSTITUTE (ATI)

Students are required to purchase ATI products including ATI textbooks, DVDs, and content mastery exams. These resources are utilized to supplement the ASN curriculum. Orientation to the use of these resources will be provided by an ATI representative

Fall semester. Content mastery exams will be administered and the scores used as benchmarks to aid in determining knowledge of course material. If the student earns less than the required score on the ATI mastery exam, the student will be allowed time to complete remedial studying and repeat the exam (or version of exam) two times. If the benchmark is not attained after 3 testings, an appointment for advisement will be scheduled with the student to discuss program progression.

Required attainment of ATI Content Mastery RN exams at Proficiency level 2:

Fall Semester RN Adult Medical-Surgical RN Care of Children Spring Semester RN Community Health Nursing RN Leadership

Recommended attainment of ATI Content Mastery RN exams at Proficiency level 2:

Fall Semester RN Pharmacology Spring Semester RN Mental Health RN Maternal/NB If proficiency level 2 score is not attained on recommended ATI exams, a second ATI exam will be required.

ATI exams which do not require meeting a benchmark score will include:

Fall Semester: Self-Assessment and Critical Thinking Assessment: Entrance

Spring Semester: Critical Thinking Exit and NCLEX RN Comprehensive Predictor Each ATI Mastery Exam and one retake are included in the ATI package price. If a second retake is required to attain the Level 2 Proficiency score, the student will be individually charged the cost of the exam prior to testing. Please have a credit card for payment when signing on to test.

GRADING AND EVALUATION

Student achievement of the course objectives will be measured by: Didactic:

- Exams including content from all units of instruction
- Assignments as designated in topical course outline
 - oFor discussions, refer to grading rubric in Unit Assignment
- Clinical experience assignments
 - oPsychiatric Conceptual Plan of Care (CPC)
 - oDirect Action Project (DAP)

GRADING SCALE

Assignments will be weighted as indicated below:

93-100% =A	Didactic Exams 30%
85-92% =B	Course Assignments/Discussion 25%
77-84% =C	Clinical CPC 20%
70-76% =D	Direct Action Project DAP 20%
<70% =F	Online Quizzes 5%

***Late Assignments: All assignments are due on due dates. It is the student's responsibility to contact the instructor for any other considerations.*

TIE TO PROGRAM ASSESSMENT OUTCOMES

This ASN course meets the assessment outcomes # 1, 2, 3, 4, 5 *Upon successful completion of the ASN program, the graduate will be able to:*

1. Utilize the nursing process to assess, diagnose and establish a plan that safely manages and evaluates the bio-psychosocial, spiritual and cultural complex needs of the individual, family, group, or community within their environment and health care settings utilizing evidenced based knowledge of nursing practice.
2. Function as an interdisciplinary team member to provide nursing care including health education to individuals, families, groups, and communities demonstrating management concepts including delegation and supervision of other members of the health care team.
3. Practice within the ethical and legal frameworks and standards of the registered nurse.
4. Demonstrate effective verbal, written, and therapeutic communication skills to provide health restoration, promotion and maintenance for the individual, family, group, or community; that

respects client differences, values, preferences and needs.

5. Participate in personal and professional growth as it relates to life-long learning.

DEPARTMENT POLICIES

1. Credit by examination NURS 262 Community Mental Health requires the student to meet the required 48 course hours for successful completion.

2. Testing: Students testing outside the classroom will be allowed if students have a learning disability that requires the use of the Academic Services Center (ASC) at Mildred Johnson Library. Testing outside the classroom will also be allowed at the discretion of the faculty. The student will test at the Academic Services Center unless otherwise indicated by the instructor. All testing will be proctored.

3. Attendance: Didactic class attendance is expected. Attendance at laboratory and clinical is required. Participation by all class members is welcomed and encouraged. As shared in orientation, the philosophy of the program is to encourage a learning environment. A role of the student in this environment is to show inquisitiveness, and participate in class activities. Students will be expected to encourage support and work with all other students in the classroom inclusive of lab, partnered and small group activities. Part of the course grade will be determined by student participation within this environment. Because participation will not occur without attending the class, attendance will be an expectation of all students for all scheduled class time.

4. Timeliness: Being prompt is an essential habit of nursing professionals. Dates/deadlines for assignments must be recognized for full credit.

5. Safety and confidentiality: Safety and confidentiality of the client must be maintained at all times. Unsafe or inappropriate behavior can result in failure of the course.

6. Academic integrity: Integrity is an NDSCS core value and there is an expectation that all students, as members of the college community, adhere to the highest levels of academic integrity. Dishonesty in class, laboratory, shop work or tests is regarded as a serious offense and is subject to disciplinary action by the instructor and dean of the respective division. For more information, refer to the NDSCS Student Planner or College Catalog under College Policies and Basic Regulations of Conduct.

7. No food or drink allowed during testing. No cell phones allowed in class/lab or clinical.

DISABILITY AND SPECIAL NEEDS

If you have a disability for which you are or may be requesting an accommodation, including emergency medical information to share, you are encouraged to contact both your instructor and the Accessibility Services Office, Room 225, Mildred Johnson Library, phone 701-671-2623, as early as possible in the term. Or call toll free at 1 800-342-4325 (ext. 32623).

INSTRUCTIONAL COMMUNICATION PLAN

NDSCS recognizes that poor weather conditions, flooding, or other issues may impact whether an instructor or class members are able to reach the campus for class or clinical site. If the College is closed due to weather related events, you will be informed by NotiFind. NotiFind leaves phone messages and e-mail messages for all students who have shared their contact information as recommended. Additionally, follow the method of communication established by your instructor for specific communication related to the course.

TUITION/FEEES

See tuition and fee information, Refund Policy and Withdrawal Schedule information in the NDSCS Online site under Financial Information. Tuition and fee costs do not include books, software, supplies and other program or course fees which may vary by program.

FACULTY

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♣ The course coordinator reserves the right to make changes to the course syllabus, class schedule and/or the learning activities. Should this occur, announcements will be made in class and/or e-mail.